

## Ulster Way



Kit Johnstone, Ph.D.  
Holywood

2 Radically changed it looked like nothing  
On my map. Ireland was opening up  
By the mercy of the living  
God who repented the past's too rough.

Kit Johnstone, Ph.D.  
Wilderness, 2011

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† Tomnahurich and Torvean are eskers, *grinneal is gainmheach* (gravel and sand) left behind flowed in tunnels beneath the ice in glaciers of 20,000 years ago.